

10:30 am Sunday Services  
Rev. Elise Cowan, M.Div  
October 2019



### Sunday Messages

October 6 *As a Man Thinketh*  
October 13 *Working With Workable Law*  
October 20 *The Perfect Round*  
October 27 *Techniques for Abundant Living*

### **Sunday Service:**

Welcome & Opening Thoughts

Hymn followed by greeting one another

Announcements, Altar & Daily Word

Centering Song & Meditation

Music Ministry

Message

Intention affirmation:

Divine Love, through me, blesses and multiplies  
all that I have, all that I give, and all that I receive. Amen.

Music Ministry

Abundance affirmation:

The infinite law of abundance flows through us. We are a  
channel of love and blessings through which  
all good things are made manifest.

Music Ministry

Closing Circle: Prayer for Protection & Peace Song

Refreshments: We would love to have you stay for refreshments.

Please silence your cell phone during Service. Thank you

### The Board of Trustees

Larry Owensby President  
Donna Sansbury Vice President  
Bex Tracy Secretary  
Kent Lowry Treasurer  
Claudia Lawson Trustee  
Sherry Rogers Trustee

### Music Ministry Team

Kristi Peterson, Director  
Ken Cowan, Debra DeVilbiss, Kelly McDowell,  
Barb Stout, Bex Tracy, Alan Bates

### Chaplains

Dotti Fick Larry Owensby  
Kristi Peterson Jo Ann Schwader  
Bex Tracy

### Prayer Requests

Mail to Rev. Elise  
minister@unityozarks.org

### Sound Team

Kent Lowery, Larry Owensby  
Chidam Narayan Iyer  
Steve Schwader  
Randall Shackelford, Bex Tracy

### Bulletin & Calendar

Bert Effinger

### Website Administrator

Becca Thursby

### Publicity

Claudia Lawson

### **Mission Statement**

We joyfully serve through affirmative prayer,  
spiritual growth, and sharing our gifts.

### **Vision Statement**

Centered in God, we see the world transformed  
by the infinite power of love, peace, and joy.

### **Core Values**

Joyful, Compassionate, Loving, Spiritual, Stretching

### **Prayer for Protection**

The Light of God surrounds us. The Love of God enfolds us.  
The Power of God protects us. And the Presence of God  
watches over us. Wherever we are, God is, and all is well.

### **Unity Church of the Ozarks**

Member of Unity Worldwide Ministries  
Affiliated with Unity World HQs at Unity Village, MO

Location: 2200 SE J St. Suite 10, Bentonville, AR 72712.

Mailing Address: P.O. Box 477, Rogers, AR 72757 Phone: 479-721-2752

Website: unityozarks.org Email Address: minister@unityozarks.org

Photo Sharing: <https://unityco2010.shutterfly.com/pictures>

## Announcements

Wed. Oct 2, 16, 23 & 30

We are taking a fall renewal with time off from Wed.night book studies..

Please let others know

We've moved! We are now located at 2200 SE J St. Suite 10, Bentonville, AR 72712. Come join us at our new bigger, more visible space we were abundant enough to secure.

Monday evenings 6:30-8:30pm Edgar Cayce Study Group:

Search for God. Everyone is welcome to join in for meaningful discussion followed by meditation every Monday evening.

Wednesday Oct. 9 @ 7PM Larry Owensby presents: Gong Yoga Nidra

This gong yoga Nidra is about Awareness, it is a pathway toward our own consciousness. It takes us through the 5 levels of existence, the ancients called these levels "Bodies." These "Bodies" are; The Physical Body, the Energetic Body, The Emotional Body, The Wisdom Body, and the final body is the Bliss Body. Each level we move through brings us deeper and deeper on an inward journey, until we reach that place within our self where Bliss resides. The guided parts of this meditation, and the gong, work together to bring about an experience of great relaxation and self-discovery. Plenty of room to bring a mat and lay on the floor or you can sit in a chair. Experience the peace you have inside you, Feel rested, renewed, and peaceful.

Wednesday night group

Beginning in November our Wednesday night groups will be an open forum of ideas, sharing our life experiences with each other and a time of forging community together. This will evolve over a few weeks into open discussion of a variety of topics to be decided.

November 10, Tom Simota guest speaker.

## Calendar

**Sunday, October 6**

Message: *As a Man Thinketh*

**Wednesday, October 2, 9, 16, 23 & 30 .**

No discussion groups this month

**Monday, October 7, 14, 21, 28**

Edgar Cayce Study Group: *Search for God* 6:30 - 8:30

**Wednesday October 9**

Larry Owensby presents: Gong Yoga Nidra at 7:00 PM

**Thursday, October 10**

UCO Board of Trustees meeting 6:30-8:00 pm  
Second Thursday of each month

**Sunday, October 13**

Message: *Working With Workable Law*  
Standing In Peace 12-12:05 pm

**Thursday, October 17**

Prayer Chaplains meeting 6:00-8:00 pm  
Third Thursday of the month

**Sunday, October 20**

Message: *The Perfect Round*

**Sunday, October 27**

Message: *Techniques for Abundant Living*  
Pot Luck Sunday (Last Sunday of the month)

**Monday, October 28**

Procedure Manual/By-laws team meeting 5:30  
4<sup>th</sup> Monday of the month